



**Biocidin
Botanicals®**

Hypochlorhydria Symptom Checklist

The following is a comprehensive list of common symptoms that may be related to hypochlorhydria.

- Damage to tooth enamel due to gastric juices entering oral cavity
- Mouth burning or soreness
- Chronic cough unrelated to any other issues (not due to allergies or illness)
- Regurgitation of food or gastric contents
- Increased burping
- Heartburn – acidic, burning-like pain under sternum or in esophagus
- Pressure or pain in your chest (make sure and rule out cardiovascular issues)
- Nausea
- Indigestion or feeling like food sits in stomach
- Feeling bloated after or between meals
- Increased flatulence
- Constipation or difficulty with bowel movements
- Undigested food in stool
- Diarrhea, especially after a fatty meal
- Susceptibility to dysbiosis (ex. *H. pylori*, *Candida*, SIBO)

