

Seasonal Support Protocol

Every year, as seasons change and cold weather sets in, patients get sick. Viral agents thrive in cool temps and low humidity and are adept at causing acute, significant illness in patients.



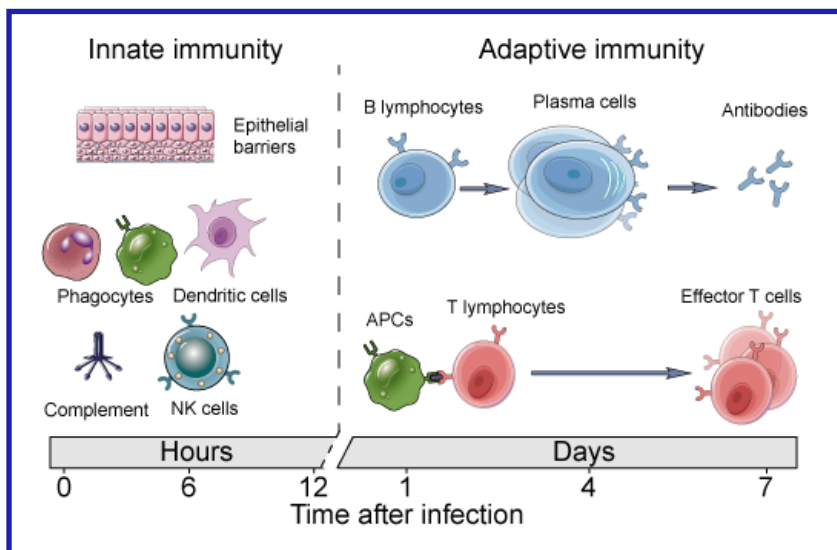
These communicable pathogens can spread rapidly in vulnerable populations, including:

- Children
- The elderly
- The immunocompromised

Practitioners who offer patients a proactive and immediate response to the first signs of an illness can significantly impact its severity and duration. Quick action also helps decrease the risk of transmission.

INNATE AND ADAPTIVE IMMUNITY

- The innate immune system takes the first hit with new exposures. When active and robust, it reduces or mitigates the burden on the adaptive arm of immunity.
- Adaptive immunity initiates and performs its work only as it receives healthy signals from the innate immune system.





**Biocidin
Botanicals®**

Botanicals For Natural Support

RESEARCH HAS SHOWN
BOTANICALS AND NUTRIENTS:

- Show immunomodulatory activity
- Offer comprehensive support for both innate and adaptive immunity
- Provide defensive actions for prophylactic and active viral illness
- Offer additional antiviral, analgesic, anti-inflammatory, and antioxidant support

As your patients follow basic, preventative lifestyle guidelines and proactively implement your recommendations for immune-support nutrients, they will feel confident they are doing all they can to help support a healthy immune response year-round.

Lifestyle Recommendations

ENHANCE SEASONAL WELLNESS WITH
SIMPLE LIFESTYLE RECOMMENDATIONS:

- Eliminate smoking
- Minimize alcohol and sugar consumption
- Avoid gluten and dairy, as they are proinflammatory
- Maintain a balanced circadian rhythm and get adequate sleep
- Consume plenty of purified water daily
- Manage stress with deep breathing exercises
- Consider chiropractic care for an immediate impact
- Maintain proper hygiene, washing hands for 20-30 seconds or using hand sanitizer after contact with individuals or public spaces

Questions?

For clinical questions, email clinical@biocidin.com
or call 800-775-4140, x3.



Therapeutic Plan Suggestions



Seasonal Wellness Support		
CORE PROTOCOL		
Biocidin® TS Throat Spray	3 sprays every hour until resolved, then decrease to 3 sprays 2-3x/day as needed	
Olivirex®	Titrate to 2 capsules 2-3x/day	
ADDITIONAL SUPPORT		
Biocidin® LSF or Biocidin® Liquid	3 pumps 2x/day	15 drops 2x/day
Proflora™ 4R	1 capsule any time	
Biotonic™	20 drops 2x/day	
Dentalflora™	Dissolve 1 tablet in mouth daily at bedtime, at least 30 minutes away from other oral care, food, or drinks	

Additional Nutrient Support

PRODUCT	PREVENTATIVE	ACTIVE
Vitamin D3	2,000 IU daily	10,000 IU daily
Vitamin C	1,000 mg daily	2,000 mg 4x daily or as tolerated
Quercetin	100 mg daily (contained in Proflora™4R)	250 mg daily
Zinc (elemental)	25 mg daily	50 mg daily
Vitamin A	2,000 mg daily	6,000 mg daily