

# The Science Behind Dentalcidin® Oral Care System

Gingivitis and periodontitis are the most common inflammatory illnesses globally, impacting nearly 50% of adults 30 years and older and 70% of adults 65 and older.<sup>1</sup>

## What is causing this alarming rise?

Oral dysbiosis – an imbalance of microorganisms in the mouth – is partly to blame. And when not addressed, it can lead to more significant problems.

Oral dysbiosis arises from plaque, a microbial biofilm. Plaque serves as protection for microorganisms against adverse environmental factors such as host immune activity and antimicrobials. In the mouth, teeth provide an ideal, non-shedding surface for plaque production. Bugs set up camp there and continually repopulate the mouth.

## Why is this a problem?

Even though our immune system cannot break down a biofilm, it tries valiantly to do so – resulting in chronic inflammation, and progression from gingivitis to periodontitis to alveolar bone loss.<sup>2</sup>

The problem doesn't end in the mouth.

**Oral dysbiosis → Infections<sup>3</sup> → Predisposition to more than 120 systemic illnesses.<sup>4</sup>**

## Some of these include:

- Cognitive Decline<sup>5</sup>
- Neurological Health<sup>6</sup>
- G.I. Discomfort<sup>7</sup>
- Blood Sugar Dysregulation<sup>6</sup>
- Cardiovascular Issues<sup>6</sup>
- Autoimmunity<sup>8</sup>
- Rheumatoid Arthritis<sup>9</sup>
- Respiratory Health<sup>6</sup>
- Weight Management<sup>10</sup>

That's why when addressing oral health, microbes matter most. And why dental health professionals rely on our Dentalcidin® Oral Care System.

How do the toothpaste and oral rinse in the system work? They're powered by Biocidin® 18, our signature botanical blend that has multiple actions, including:

- Broad-spectrum activity against harmful microorganisms\*
- Immunomodulatory effects\*
- Dismantling biofilms (including plaque)\*



<sup>1</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7841426/>

<sup>2</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7841426/>

<sup>3</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC4346134/>

<sup>4</sup> [https://www.google.com/url?q=https://www.deltadentalnj.com/blog/entry/2019/Dentists-Can-Identify-up-to-120-Diseases-in-Your-Mouth&sa=D&source=docs&ust=1659726865432277&usg=AOvVaw39kwjtvqbgAxxv\\_vX2MUf](https://www.google.com/url?q=https://www.deltadentalnj.com/blog/entry/2019/Dentists-Can-Identify-up-to-120-Diseases-in-Your-Mouth&sa=D&source=docs&ust=1659726865432277&usg=AOvVaw39kwjtvqbgAxxv_vX2MUf)

<sup>5</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC6468093/>

<sup>6</sup> <https://www.frontiersin.org/articles/10.3389/fpsy.2021.814177/full>

<sup>7</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC7375741/>

<sup>8</sup> <https://www.frontiersin.org/articles/10.3389/fimmu.2020.591255/full>

<sup>9</sup> <https://www.hopkinsrheumatology.org/2017/01/gum-disease-linked-to-rheumatoid-arthritis/>

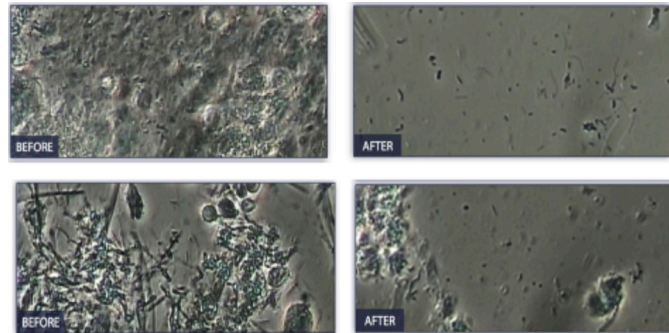
<sup>10</sup> <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC5813989/>

# Commitment to Research

At Biocidin Botanicals™, we have participated in research in partnership with functional laboratories, practitioners, and universities for over 20 years. Following are examples of our research related to oral health.

## Pilot Study - Dr. John Rothchild, DDS

Biologic Dentist Dr. John Rothchild completed a dental pilot study using phase-contrast microscopy with nine participants. All exhibited elevations in pathogenic microorganisms (gram-negative rods and spirochetes) in gingival crevicular fluid derived from the periodontal tissues. After one month of using liposomal Biocidin® LSF, seven out of the nine participants had a significant reduction or elimination of pathogens.



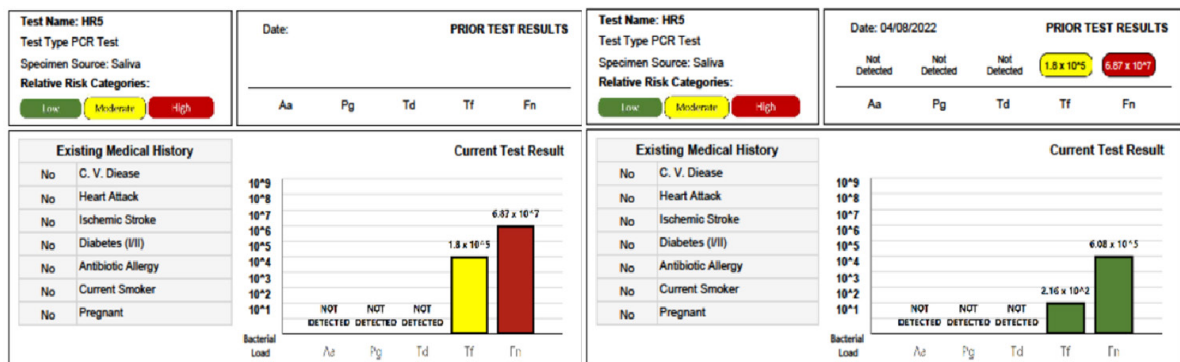
Before and after observation by phase-contrast microscopy after 4 weeks use of Biocidin® LSF

## Pocket-Probing Depth and Bleeding

Physical exams from multiple dentists and hygienists show a reduction in bleeding and periodontal pocket-probing depth with the use of Dentalcidin® toothpaste and Dentalcidin® LS oral rinse. One patient experienced an improvement in 88% of periodontal pockets and a 42.3% reduction in bleeding after four months of using the products.

## Oral Pathogens and Biocidin® Products Case Study – Dr. Ariana Ebrahimian, DDS

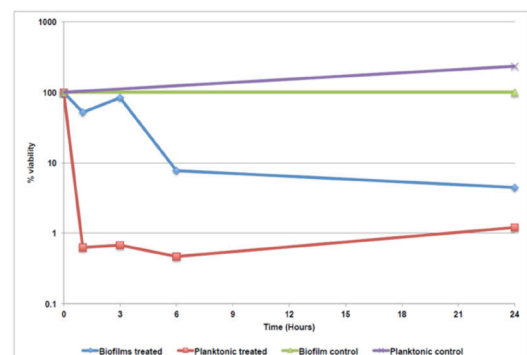
An oral microbial culture showed the presence of two of the five highest-risk bacteria: *Tannerella forsythia* (Tf) and *Fusobacterium nucleatum* (Fn). These bacteria are the primary causes of periodontitis and gingivitis. They are also a major contributor to dental implant failure. These findings are consistent with oral dysbiosis. Use of Dentalcidin® toothpaste and Dentalcidin® LS oral rinse, along with diet and lifestyle counseling, resulted in a reduction to normal range of both pathogens, as well as improvement in physical exam findings of bleeding and inflammation.



## Biofilm Research

University of Binghamton researcher Claudia Marques conducted a 2013 study on the effects of Biocidin® on *Candida albicans* and other microorganisms. The study showed "...90% of cells in both planktonic and biofilm populations of all microorganisms tested are killed with 25% Biocidin following 4 hrs of treatment."

*Candida* is one of the main culprits in oral biofilms. Dr. Marques is currently conducting further research on the activity of Dentalcidin® LS against *Porphyromonas gingivalis*, *Streptococcus mutans*, and *Candida albicans* as a triple species biofilm. It's anticipated the research will be completed in 2023.



C. albicans biofilms exposed to 25% Biocidin® for a period of 24 hours