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## Category

**Restore. Bring balance and healing.** Undesirable microbes create imbalances, even disorder. The effort to restore harmony requires ongoing renewal – and that’s where our botanicals and nutrients shine. Offering needed provisions, they allow the body to establish balance. Plants unite with the body to revive and strengthen – cultivating microbial diversity, healthy digestion, nutrient absorption, and sustained well-being.

## Biotonic™

Daily Adaptogenic Elixir

DIGESTION & VITALITY\*

## Description:

We are all about botanicals – and we usually talk about them from a Western perspective. But sometimes, changing your lens brings additional benefits. That’s why Founder and Formulator Rachel Fresco, L. Ac., used inspiration from two Traditional Chinese Medicine (TCM) formulas to create our adaptogenic elixir, Biotonic™.

Biotonic™ is based on two of the most commonly used TCM herbal formulas, “Tonify the Middle and Lift the Qi” (Bu-Zhong-Yi-Qi-Tang) and “Decoction of the Six Gentlemen” (Liu-Jin-Zi-Tang). They have been used by healers for centuries to address common complaints, including digestive issues (like bloating and nausea), fatigue, poor assimilation, and weak immune response.

Sound familiar? These complaints continue to be a daily stressor for many – almost every person who walks through the clinic door.

The addition of *Artemisia* strengthens the formula’s microbial balancing activity and promotes a healthy inflammatory response\*<sup>1</sup> Biotonic™ also contains Fo Ti root. According to the *Chinese Herbal Medicine: Materia Medica*, Fo Ti boosts kidney Qi, and supports liver function – making it useful for restoration after illness.\*

By relying on ancient wisdom for modern challenges, Rachel Fresco created a synergy that provides a gentle yet powerful addition to our line. An adaptogenic companion product designed specifically to augment the activity of Biocidin.® Biotonic™ tonifies digestion, immune activity, and vitality – and it’s available to us every day.

<sup>1</sup><https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3017680/>

## Benefits

- Helps maintain vitality and healthy energy levels\*
- Supports healthy digestion\*
- Provides nutritional support for the adrenals and liver\*
- Promotes immune health\*
- Assists in microbial balance\*
- Supports healthy inflammatory response\*
- Can be used daily for ongoing benefits

## Features

- Contains 90% organic ingredients
- Fresh, professional-grade Chinese herbs
- Slow percolation extraction
- Full-spectrum extract of phytochemicals
- No heat or chemical solvents
- Delicious flavor with a hint of spice

## Suggested Use

20 drops, 2-3 times daily or as directed by your healthcare professional. May be added to beverages for a delicious boost.

**Warning:** Not recommended for use during pregnancy. Consult your physician before using any supplement, especially if you are nursing, have a medical condition, or are taking medication. Discontinue use should adverse reactions occur. Keep out of reach of children.

**Store in a cool, dry place.**

## Ingredients

### Proprietary Herbal Blend:

Astragalus root<sup>‡</sup> (Huang Qi), Eleuthero<sup>‡</sup> root (Wu Jia Shen), Black Bean-prepared Fo Ti root (He Shou Wu), Sweet Wormwood<sup>‡</sup> herb (Qing Hao), Atractylodes<sup>‡</sup> root (Bai Zhu), Chinese Peony<sup>‡</sup> root (Bai Shao), Chinese Yam root (Shan Yao), Codonopsis<sup>‡</sup> root (Dang Shen), Ginger<sup>‡</sup> root (Gan Jiang), Poria sclerotium (Fu Ling), Tangerine rind (Chen Pi), Turmeric<sup>‡</sup> root (Yu Jin), Honey-prepared Licorice root (Zhi Gan Cao)

**Other Ingredients:** vegetable glycerin<sup>‡</sup>, deionized water, ethanol<sup>‡</sup> (sourced from potato and/or sugar cane)

<sup>‡</sup>Organic Ingredient

This product is made without dairy, gluten, corn, soy, artificial coloring or flavoring.

\*These statements have not been evaluated by the Food and Drug Administration. These products are not intended to diagnose, treat, cure, or prevent any disease.